

Pool Schedule – Effective JULY 25 – August 16, 2008

Lap Swim— for swimmers doing continuous laps.

Sunday

9:00 AM—4:45 PM

Lanes available: 9:00 AM — 4:45 PM— four lanes

Monday

Lanes available: 5:30 AM — 9:05 AM —six lanes
9:05 AM — 11:30AM — 3-4 lanes
11:30 —2:00 PM — six lanes
2:00 PM – 6:30 PM –four lanes
6:30 PM – 9:15 PM – six lanes

Tuesday

Lanes available: 5:30 AM—6:00 AM — six lanes
6:00 AM—7:00 AM — four lanes
7:00 AM—9:05 AM — six lanes
9:05 AM—11:30 AM — 3-4 lanes
11:30 AM— 2:00 PM – six lanes
2:00 PM – 4:10 PM – four lanes
4:10 PM- 5:00 PM – 3-4 lanes
5:00 PM – 6:30 PM – four lanes
6:30 PM—9:15 PM – six lanes

Wednesday

Lanes available: 5:30 AM—9:05 AM — six lanes
9:05 AM—11:30 AM — 3-4 lanes
11:30 AM— 2:00 PM – six lanes
2:00 PM—6:30 PM –four lanes
6:30 PM – 9:15 PM – six lanes

Thursday

Lanes available: 5:30 AM—6:00 AM — six lanes
6:00 AM—7:00 AM — four lanes
7:00 AM—9:05 AM — six lanes
9:05 AM—11:30 AM — 3-4 lanes
11:30 AM— 2:00 PM – six lanes
2:00 PM—4:10 PM – 4 lanes
4:10 PM – 5:00 PM – 3-4 lanes
5:00 PM – 6:30 PM – four lanes
6:30 PM – 9:15PM – six lanes

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Friday

Lanes available:
5:30 AM—9:05 AM — six lanes
9:05 AM—11:30 AM — 3-4 lanes
11:30 AM—2:00 PM —six lanes
2:00 PM – 9:00 PM – four lanes
9:00 PM- 9:15 PM – six lanes

Saturday

8:30 AM—6:45 PM
Lanes available:
8:30 AM—8:45 AM — six lanes
8:45 AM— 10:15 AM – 3-4 lanes
10:15 AM – 6:30 PM – four lanes
6:30 PM—6:45 PM — six lanes

Adult Open Swim

In the Large Pool:

Monday through Friday **10:15 AM—11:30 AM**

In the Small Pool:

Tuesdays and Thursdays **12:00 PM—1:15 PM**

Therapy Swim— for adults doing self-guided therapy. Members only.

In the Small Pool:

Mondays, Wednesdays, & Fridays **2:30 PM—3:30 PM**

Open Swim (Family Swim)

In the Large Pool:

***One lane only**

Sunday **9:00 AM—4:30 PM**

Monday **2:00 PM— 6:30 PM**

Tuesday **2:00 PM—4:10 PM**
4:10 PM – 5:45 PM*
5:45 PM– 6:30 PM

Wednesday **2:00 PM—6:30 PM**

Thursday **2:00 PM—4:10 PM**
4:10 PM –5:45 PM *
5:45 PM – 6:30 PM

Friday **2:00 PM— 9:00 PM**

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Saturday

8:45 AM – 10:15 AM *
10:15 AM – 6:30 PM

In the Small Pool:

Sunday **9:00 AM—4:30 PM**

Monday **9:30 AM—11:10AM**
7:00 PM – 8:45 PM

Tuesday **9:00 AM—11:10AM**
1:15 PM – 3:25 PM
4:45 PM – 8:45 PM

Wednesday **9:30 AM—11:10 AM**
7:00 PM – 8:45 PM

Thursday **9:00 AM—11:10 AM**
1:15 PM – 3:25 PM
4:45 PM – 8:45 PM

Friday **9:00 AM—11:10 PM**
3:30 PM – 8:45 PM

Saturday **12:00 PM—6:30 PM**