

**Preschool Age Swim Lessons
Ages 3-5**

START HERE

Is there a high probability that your child would...

- Have a hard time being safe and following directions in a group setting?
- Have intense fear or anxiety of water that is chest height/ goes over their head?
- Have fear of being with people they don't know?

YES

**-Parent Child
Preschool 1
-Private Lessons**

-Parents can sign up for this class even if they answer no to all these questions. It's optional for them to get in to help their child with direction following and fear. They can still sign their child up for this class as a level 1, but they need to understand that other parents might be in the water assisting their own child.

NO

Will your child submerge their entire head under water?

NO

-Preschool 1

YES

Can your child glide under water a couple of feet and float on their backs for 10 sec?

NO

-Preschool 2

YES

Can your child swim on their front and back 10yd?

NO

-Preschool 3

YES

-Preschool 4