

# HAMPSHIRE REGIONAL YMCA DAY CAMPS 2026 KOALA | PROSPECT | NORWICH



Registration opens  
Tuesday, February 10<sup>th</sup>  
at 8:00am

Camp Info Session:  
Sunday, February 1st  
11:00am - 12:30pm





**LEARN TOGETHER, PLAY TOGETHER**



**EMBRACE ADVENTURE**



**EXPLORE YOUR POTENTIAL**



**FIND A SENSE OF BELONGING**



**BE YOU!**

# OUR YMCA CAMP PHILOSOPHY

At the Hampshire Regional YMCA camps, we see valuing human diversity as vital to our approach and mission. We feel fortunate to be able to provide a space for our campers, and staff, from all backgrounds, to be welcomed, supported, and appreciated for being their authentic selves. We take pride in our long-standing commitment to meet the challenges of today and tomorrow through programs that develop the individual, strengthen the family, and build safe, caring communities. We respect and value differences among all of our participants and are dedicated to intentionally fostering a welcoming environment of openness and appreciation for all.



# OUR STAFF TEAM

The key to our success is hiring experienced and enthusiastic counselors with diverse knowledge and backgrounds. Staff members are professional role models for campers as they demonstrate maturity, leadership skills, inclusion, and caring for others. The specialty elements of our camps are supervised by qualified staff to ensure campers have the best experience. Prior to the start of camp, our staff members undergo training in important areas of focus such as First Aid, CPR, Child Abuse Prevention & Safety, emergency preparedness, behavioral management, and more. Most importantly, they understand and value young people. They are committed to helping campers grow while incorporating the YMCA's core values of Caring, Honesty, Respect, and Responsibility.

## CAMP INFO SESSION

Meet the Camp Directors, learn about the camp programs, and have all your questions answered!

WHERE: Hampshire Regional YMCA, 286 Prospect Street, Northampton, MA

WHEN: Sunday, February 1 | 11:00 AM - 12:30 PM

WHERE: Lobby

## CAMP NORWICH OPEN HOUSE

Saturday, May 30, 2026 | 10:00 am - 2:00 pm at Camp Norwich

Meet camp staff, tour our buildings and grounds, and participate in fun activities.

## CAMP EXTRAS

### CAMPER GIFT

Norwich, Koala, and Prospect campers will receive a T-Shirt.

## CAMP REGULATIONS

All of our camps comply with the regulations of the Massachusetts Department of Public Health and are licensed by the local Board of Health.



# PRESCHOOL CAMP KOALA

Ages 3-5

Lisa Candito E: [Lisa.Candito@hrymca.org](mailto:Lisa.Candito@hrymca.org) P: 413.584.7086 Ext.107

Ten, 1- week sessions | June 22 – August 28, 2026

Monday - Friday

Half-Day: 8:30 AM – 1:30 PM

Full-Day: 8:30 AM – 4:30 PM

## ABOUT OUR PROGRAM

Camp Koala is the ideal way to introduce your child to summer camp! Build relationships and make lifelong friends while playing, creating, swimming, and having fun. We offer both full-day and half-day options. Our theme-based schedule of activities will stimulate your child's imagination and creativity while keeping them engaged throughout the day. Here at Camp Koala, they will have time to discover friendships, sports, swimming, art, singing, and so much more! Children MUST be fully toilet trained to attend.



## WEEKLY THEMES

Week 1: June 22 – June 26	Buggin' Out
Week 2: June 29 – July 3	Stars & Stripes
Week 3: July 6 – July 10	Knights, Castles and Dragons
Week 4: July 13 – July 17	Outerspace
Week 5: July 20 – July 24	Color Me Messy
Week 6: July 27 - July 31	Beach Bash
Week 7: August 3 – August 7	Spirit Week
Week 8: August 10 - August 14	Community Helpers
Week 9: August 17 – August 21	Pirates and Mermaids
Week 10: August 24 – August 28	Last One Best One!

# A DAY AT CAMP KOALA

## HALF-DAY

8:30 AM	Sign-in / Free Play
9:00 AM	Snack / Free Play / Activities
10:00 AM	Swimming (Small Pool)
11:15 AM	Art Project / Outside Time
12:00 PM	Lunch (Outside-picnic tables)
12:30 PM	Outside / Playground
1:00 - 1:30 PM	Half-day Pick Up



## FULL-DAY

1:30 PM	Rest Time
3:00 PM	Afternoon Snack
3:30 PM	Organized Activities
4:15-4:30 PM	Pick Up

Children MUST be fully toilet trained to attend.





# CAMP PROSPECT

**Ages 5-14**

Lisa Candito E: [Lisa.Candito@hrymca.org](mailto:Lisa.Candito@hrymca.org) P: 413.584.7086 Ext. 107

**Ten, 1-week sessions | June 22 – August 28, 2026**

**Monday – Friday 9:00 AM – 5:00 PM**

**Morning Care 8:00 AM – 9:00 AM**

## ABOUT OUR PROGRAM

The HRYMCA Camp Prospect offers an ideal blend of camp activities, providing a healthy summer experience for your child. A day at Camp Prospect will include camp games, physical challenges, swimming, arts and crafts projects, singing songs and staying active.

Our summer theme weeks include a focus on playing traditional camp games and introducing sports at a variety of ability levels. With experienced counselors, new friends to meet, and endless opportunities to explore, campers will enjoy their stay in a safe and fun environment. Camp Prospect is the place for unforgettable memories.

The goal of Camp Prospect is to foster a child’s physical, mental, social and creative growth through the lens of the YMCA’s Core Values of Caring, Honesty, Respect and Responsibility. Campers will develop a sense of belonging regardless of age, experience or ability. We strive to create a positive, energetic and safe environment where children make new friends and have a camp experience to remember.



## WEEKLY THEMES

Week 1: June 22 – June 26	Buggin’ Out
Week 2: June 29 – July 3	Stars & Stripes
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Week 4: July 13 – July 17	Outerspace
Week 5: July 20 – July 24	Color Me Messy
Week 6: July 27 – July 31	Beach Bash
Week 7: August 3 – August 7	Spirit Week
Week 8: August 10 – August 14	Community Helpers
Week 9: August 17 – August 21	Pirates and Mermaids
Week 10: August 24 – August 28	Last One Best One!

## THEMED WEEKS

Themed weeks at summer camp are a fun and engaging way to enhance the camper experience. Each week revolves around a specific theme, such as "Spirit Week," "Beach Bash," or "Stars and Stripes," allowing campers to dive deeper into particular activities and interests. These themes encourage creativity, teamwork, and excitement, as campers participate in themed crafts, games, and challenges. Themed weeks help create memorable experiences, foster a sense of community, and provide an opportunity for campers to explore new hobbies and passions in a dynamic and enjoyable environment.

Our Ninja Warrior activities focus on giving our campers opportunities to enhance their skills in balance, agility, climbing, and coordination. Our gymnasium will be transformed with a full obstacle course, utilizing equipment that keeps them moving dynamically while challenging themselves. We also have a Ninja Warrior Cage with many different attachments, including a floating beam, monkey bars, sliding rings, and more. Lastly, we challenge our campers with the Warp Wall, an 8 feet tall curved wall for them to run and see how far they can get to the top!

All weeks of Camp Prospect include time for daily swimming, arts & crafts, board games, and camp songs.





# CAMP NORWICH

**Ages 5-15**

Shane Moore E: [Shane.Moore@hrymca.org](mailto:Shane.Moore@hrymca.org) P: 413.584.7086

- Convenient daily bus transportation from Florence, Hadley, Northampton, Southampton, and Westhampton
- Located just 30 minutes from Northampton (on the border of Westhampton and Huntington)

## SESSIONS

Session 1	June 29 - July 10	Around The World
Session 2	July 13 - July 24	Space Cowboys
Session 3	July 27 - August 7	Blizzard Beach Bash
Session 4	August 10 - August 21	Fairy Tale Festival
Session 5	August 24 - 28	Treasure Hunt

**Four, two-week sessions:  
(1, 2, 3, and 4)  
June 29 – August 21**

**One, one-week session: (5)  
August 24 – August 28**

## ABOUT OUR PROGRAM

Camp Norwich invites you to share the summer of 2026 with us. For 139 years, Camp Norwich has provided quality programs in a caring family environment. A session at Camp Norwich offers many exciting opportunities for growth, joy, and discovery in a well-supervised small group setting. Our Camp Norwich program takes place at a beautiful facility encompassing 175 acres of lake, woods, and fields in the foothills of the Berkshires.

Inclusion in groups encourages children to experience new and diverse age-appropriate activities. These activities are tools to help campers develop self-confidence, creativity, teamwork, appreciation of the outdoors, and pride in themselves and their newly acquired skills. Camp Norwich is proud of its quality staff members, who provide expert leadership, guidance, and friendship. Our staff helps each camper reach their full potential, facilitating skill development, and social and emotional growth. Many friendships and special memories await you at Camp Norwich. Come explore the Norwich adventure with us!

At Camp Norwich, we believe in taking care of the camper in spirit, mind, and body. Our camp programs have been designed to ensure the health and safety of our campers.





**DURING EACH SESSION, CAMPERS HAVE THE OPPORTUNITY TO PARTICIPATE IN:**

- Swimming
- Boating
- Sports
- Archery
- Ga-Ga
- Arts and Crafts
- Performing Arts
- Fishing
- Nature Study
- Team Activities
- Outdoor Cooking
- Low Ropes Course



**Camper groups are made up of children in the same age group. Each of these groups belong to an age-specific unit that shares common activities while receiving instruction to help develop a wide range of skills.**

## **EXPLORERS** Entering grades K–2

The Explorers group is a great introduction to summer camp for our youngest children. Each day of camp is filled with excitement and new experiences! Daily schedules emphasize routine and provide a balance between active and quiet, sports and culture, and group and individual activities. In our small-group environment, children receive the extra support and encouragement they need to feel at home. During each 2-week session, there will be a Family Night where families provide a picnic dinner, skits, and songs with your camper and their counselor, ending with s'mores at our campfire circle.

## **ADVENTURERS** Entering grades 3–5

This challenging and exciting program for new and experienced day campers not only provides daily cabin group activities but also encourages campers to pursue their own interests by participating in a special program area each day. Program areas allow campers to develop new skills and confidence under the guidance of knowledgeable and supportive instructors. During each 2-week session, there will be a Family Night where families provide a picnic dinner, skits, and songs with your camper and their counselor, ending with s'mores at our campfire circle.

## **TRAILBLAZERS** Entering grades 6–8

Empowering youth to assume more responsibility is the emphasis of this specially designed program. Each session allows campers to experience lessons in group dynamics, creative problem-solving, environmental awareness, and program planning. Traditional camp activities such as boating, swimming, crafts, and sports round out the total experience. This unit's campers participate in all program areas each week in order to master skills and spend time mentoring younger campers. During each 2-week session, there will be a Family Night where families provide a picnic dinner, skits, and songs with your camper and their counselor, ending with s'mores at our campfire circle.

## **CIT PROGRAM** Entering grades 9 and 10 | Two, 4-week sessions for Teens

The goal of Camp Norwich's CIT program is to transition campers into counselors, creating responsible and independent young leaders who can contribute positively to camp and their community. Being a CIT means committing to learning and growing personally, professionally, individually, and as a team. The creativity, responsibility, and enthusiasm needed to work at camp will provide CITs with in-demand job skills for any future career. CITs should be prepared to step out of their comfort zone and be willing to lead, learn, and work with a variety of ages providing support to both campers as well as camp staff.

**The CIT program is a four-week commitment and has an application process that requires essay questions, two letters of recommendation, and an onsite group interview at the HRYMCA. The CIT application deadline is [Friday, March 13th, 2026](#).**

**Please submit all CIT questions and applications to Shane Moore at [Shane.Moore@hrymca.org](mailto:Shane.Moore@hrymca.org)**

**\*\*No exceptions will be made to the deadline\*\***





## PROGRAM AREAS – FOR ALL CAMPERS

**TEAM BUILDING:** Campers will enjoy fun team-bonding and team-building activities on the ground and on our newly renovated low ropes challenge course. Campers will work together to solve puzzles, brainstorm solutions, and collaborate on different aspects of team-building. Our low ropes course offers additional elements to team-building as campers work together to combat the Whale Watch, Traverse Wall, Wild Woosey, and more!

**PERFORMING ARTS:** Campers gain performance skills and confidence as they work together to prepare and present a production that is in the realm of music, dance, and theater. Campers learn about stage presence, voice, choreography, movement, scenery, costume design, forms of dance, and music in a fun atmosphere.

**BOATING:** Throughout the session, campers develop competency in basic boating skills. Our staff teaches proper boating techniques and safety in our kayaks, canoes, and rowboats.

**ARTS AND CRAFTS:** Our Art Specialist helps develop the interests and abilities of campers who love to work with materials and be creative. Campers paint, draw, make jewelry, weave, and work with a variety of other materials as they learn new and exciting skills.

**OUTDOOR LIVING SKILLS:** Campers spend time in the woods as they take hikes, learn to tie knots, build fires, use a compass, identify wild edible plants, cook outdoors, and build a shelter. This is a great program for the outdoor enthusiast.

**ATHLETICS:** Campers take part in sports such as basketball, soccer, touch football, volleyball, baseball, and other activities.

**FISHING:** Campers will learn the basic techniques to catch and release fish for fun! Campers will spend time casting into beautiful Lake Norwich for the five varieties of fish found within our lake.

**ARCHERY:** For the target enthusiast, here's a chance to develop basic archery skills. Campers will learn fundamentals such as stance, draw and release, as well as perfect follow-through.



## FAMILY NIGHTS

One of the most memorable events of camp sessions 1-4 is our Family Nights. This is a time when campers can tour their family around camp and showcase their accomplishments from the session. Families provide a picnic dinner, and enjoy activities around camp, and time around the campfire which includes campers' skits and songs. We will require family members to show a valid photo ID upon entrance to this event to ensure the safety of all of our campers. You must sign your camper out at the lodge upon arrival. [Please note that families will be required to RSVP for this event on the week prior for planning purposes. Failure to RSVP means families won't be able to attend the evening.](#)

GROUP	SPECIAL EVENING	SESSION 1	SESSION 2	SESSION 3	SESSION 4
Explorers (K-2 Grade)	Families invite 5:30-7:30 PM for Dinner and Campfire.	7/8	7/22	8/5	8/19
Adventurers (3-5 Grade)	Families invite 5:30-7:30 PM for Dinner and Campfire.	7/9	7/23	8/6	8/20
Trailblazers (6-8 Grade)	Families invite 5:30-7:30 PM for Dinner and Campfire.	7/9	7/23	8/6	8/20

## BUS SCHEDULE

Session 5 bus fee is \$70.00. Sessions 1, 2, 3, and 4 bus fee is \$140 per session week.

**Photo ID is required at every dismissal. Children will not be released without it.**

BUS NUMBER	TOWN	LOCATION	AM DEPARTURE	PM RETURN
1 & 2	Northampton	YMCA	8:15 AM	5:05 PM
3-A	Hadley	Home Depot	8:05 AM	5:25 PM
3-B	Florence	JFK School	8:25 AM	5:00 PM
4-A	Florence	Ryan Road School	8:05 AM	5:25 PM
4-B	Southampton	Conant Park (Clark St.)	8:25 AM	5:05 PM
4-C	Westhampton	Outlook Farm	8:40 AM	4:50 PM

**Parent Pick-Up/Drop-Off: Camp Norwich 9:00 AM Drop-Off/4:00 PM Pick-Up**

**CAMP FEES:** All costs associated with camp (with the exception of bus transportation to Camp Norwich and early care for Camp Prospect) are covered in one fee. This includes programs, family events, and camp T-Shirt.

**SIBLING DISCOUNT:** Families who register siblings for the same number of camp weeks or sessions are eligible for a 5% discount on the lower-priced session for the second sibling. This discount does not apply to Financial Assistance recipients.

**TAX CREDIT:** Your YMCA Day Camp Fees may qualify for a Childcare Tax Credit. Contact your local IRS office for details.


**REFUND POLICY:** All payments, minus the \$110 non-refundable down payment, are refundable prior to May 13, 2026. After May 13, 2026, refunds are available upon receiving written notice from the camper's physician that would exclude the camper from more than half of the camp session.


# \$ RATES & FEES

The prices in the charts below indicated under "HH MEM RATE" are the discounted rates provided for HRYMCA Household Members.

**TO QUALIFY FOR THE HRYMCA HOUSEHOLD MEMBERSHIP RATE:**

- Have an active Household Membership at time of registration with a minimum commitment of six months.
- Household Membership must cover the duration of the campers' sessions.

SESSION	DATES	HALF-DAY 8:30 AM - 1:30 PM		FULL-DAY 8:30 AM - 4:30 PM		<b>KOALA</b> Ages 3-5 
		CAMP FEE	HH MEM RATE	CAMP FEE	HH MEM RATE	
1	6/22 - 6/26	310	243	394	320	
2	6/29 - 7/3	310	243	394	320	
3	7/6 - 7/10	310	243	394	320	
4	7/13 - 7/17	310	243	394	320	
5	7/20 - 7/24	310	243	394	320	
6	7/27 - 7/31	310	243	394	320	
7	8/3 - 8/7	310	243	394	320	
8	8/10 - 8/14	310	243	394	320	
9	8/17 - 8/21	310	243	394	320	
10	8/24 - 8/28	310	243	394	320	

SESSION	DATES	FULL-DAY 9:00 AM - 5:00 PM		MORNING CARE ADD-ON 8:00 AM - 9:00 AM		<b>PROSPECT</b> Ages 5-14 
		CAMP FEE	HH MEM RATE	CAMP FEE	HH MEM RATE	
1	6/22 - 6/26	342	260	43	33	
2	6/29 - 7/3	342	260	43	33	
3	7/6 - 7/10	342	260	43	33	
4	7/13 - 7/17	342	260	43	33	
5	7/20 - 7/24	342	260	43	33	
6	7/27 - 7/31	342	260	43	33	
7	8/3 - 8/7	342	260	43	33	
8	8/10 - 8/14	342	260	43	33	
9	8/17 - 8/21	342	260	43	33	
10	8/24 - 8/28	342	260	43	33	

SESSION	DATES	EXPLORERS		ADVENTURES		TRAILBLAZERS		<b>NORWICH</b> Ages 5-15 
		CAMP FEE	HH MEM RATE	CAMP FEE	HH MEM RATE	CAMP FEE	HH MEM RATE	
1	6/29 - 7/10	749	589	749	589	749	589	
2	7/13 - 7/24	749	589	749	589	749	589	
3	7/27 - 8/7	749	589	749	589	749	589	
4	8/10 - 8/21	749	589	749	589	749	589	
5	8/24 - 8/28	375	295	375	295	375	295	

**CIT A: 6/29-7/24 CAMP FEE: \$749 | HH MEM RATE: \$589**      **CIT B: 7/27-8/21 CAMP FEE: \$749 | HH MEM RATE: \$589**

Session B is half price for those who attend Session A.

# DEADLINES

**PAYMENT DEADLINE:** All payments are due in full by May 14, 2026 for all sessions. If your camp balance is not paid in full by May 14, 2026, your camper's sessions will be automatically forfeited and there will be no refund. If space is available after May 14, 2026, payment in full is due at the time of registration.

**CAMP DOCUMENTS DEADLINE:** All camper health information, physicals (within 15 months of camp session), and immunization forms must be entered online in CampDoc within 30 days after you receive your email from CampDoc or by June 1, 2026, whichever is earlier. **Under no circumstances can a camper attend camp without completed CampDoc documentation submitted a week prior.**

**FINANCIAL ASSISTANCE:** The HRYMCA strives to make the camp experience accessible to all young people through our Financial Assistance (FA) program and our generous donors. Please contact the Welcome Center for application information. In order to evaluate Financial Assistance eligibility, we require **last year's 1040 tax form, and two consecutive paystubs along with a Financial Assistance application.**

**\*For more information please contact our Financial Assistance team at the Welcome Center at 413.584.7086**

## FINANCIAL ASSISTANCE (FA) POLICIES:

- Applying for FA with non-refundable down payment at the time of registration:
  - You can choose to pay the \$110.00 non-refundable down payment for each session of camp while you wait for the eligibility of your Financial Aid for camp.
  - This option will secure your camper's spot.
  - If FA is approved, and you wish to secure the financial assistance rate, acceptance and activation of your award must be completed within 30 days of receiving the FA Award Letter.
- Applying for FA without non-refundable down payment at the time of registration:
  - You can choose not to pay the \$110.00 non-refundable down payment for each session of camp while you wait for the eligibility of your Financial Aid for camp.
  - The submission of the application does not reserve a spot for your camper.
  - If FA is approved, and you wish to secure the financial assistance rate, acceptance and activation of your award must be completed within 30 days of receiving the FA Award Letter.

## OTHER FINANCIAL ASSISTANCE (FA) POLICIES:

- FA must be applied for within 30 days of registering for camp.
- Families are now eligible to apply for up to **FOUR** weeks of summer camp per child.
- FA does not apply towards Camp Norwich bus fee.
- Sibling Discount cannot be combined with campers receiving FA.

# Hampshire Regional YMCA Financial Assistance Ranges

(Income is based on gross household income for all wage earning adults)

**% is off of the full rates for Membership or Programs**

		INCOME / DISCOUNT GRID											
% over poverty level ->		190%		220%		250%		280%		310%		340%	
% Membership		60%		50%		40%		30%		20%		10%	
Family Size	Poverty guide												
1	\$15,060	\$ -	\$30,850	\$30,851	\$35,400	\$35,401	\$39,950	\$39,951	\$44,450	\$44,451	\$48,950	\$48,951	\$51,200
2	\$20,440	\$ -	\$41,900	\$41,901	\$48,050	\$48,051	\$54,150	\$54,151	\$60,300	\$60,301	\$66,450	\$66,451	\$69,500
3	\$25,820	\$ -	\$52,950	\$52,951	\$60,700	\$60,701	\$68,450	\$68,451	\$76,150	\$76,151	\$83,900	\$83,901	\$87,800
4	\$31,200	\$ -	\$63,950	\$63,951	\$73,300	\$73,301	\$82,700	\$82,701	\$92,050	\$92,051	\$101,400	\$101,401	\$106,100
5	\$36,580	\$ -	\$75,000	\$75,001	\$86,000	\$86,001	\$96,950	\$96,951	\$107,900	\$107,901	\$118,900	\$118,901	\$124,400
6	\$41,960	\$ -	\$86,000	\$86,001	\$98,600	\$98,601	\$111,200	\$111,201	\$123,800	\$123,801	\$136,400	\$136,401	\$142,700
7	\$47,340	\$ -	\$97,000	\$97,001	\$111,250	\$111,251	\$125,500	\$125,501	\$139,700	\$139,701	\$153,900	\$153,901	\$161,000
8	\$52,720	\$ -	\$108,100	\$108,101	\$123,900	\$123,901	\$139,700	\$139,701	\$155,500	\$155,501	\$171,300	\$171,301	\$179,200

# HAMPSHIRE REGIONAL YMCA SUMMER CAMP 2026 CANCELLATION AND REFUND POLICIES

## CANCELLATIONS:

If you have registered your camper for one of our HRYMCA Day Camps and choose to cancel your session PRIOR to the May 13, 2026, down payment deadline, refunds will be granted minus the \$110.00 non-transferable, non-refundable down payment.

If you choose to cancel your session AFTER the May 13, 2026, down payment deadline, refunds are available upon receiving written notice from the camper's physician and only in cases of camper having extreme illness or injury (excluding camper from more than half of the camp session and approval from the camp director) Refunds will be granted minus the \$110.00 non-transferable, non-refundable down payment.

**\*All cancellations must be requested via email to each camp director. You will receive an email confirmation that your request has been processed.**

## TRANSFERS:

If you are requesting to transfer your camper out of a session into another available session, you may transfer between any of our HRYMCA camps and all money paid towards camp will be transferred into the new session requested.

The deadline to request a transfer is May 1, 2026. After the deadline of May 1, 2026, the non-refundable deposit is no longer transferable. Requests for transfers after May 1, 2026, are not guaranteed.

**\*Please contact your Camp Director for a potential transfer.**

## PAYMENT DUE DATES:

If your camp balance is not paid in full by May 14, 2026, your camper's spot will be automatically forfeited and there will be no refunds.



HAMPSHIRE REGIONAL YMCA  
DAY CAMPS 2026  
286 PROSPECT STREET  
NORTHAMPTON, MA 01060



KOALA | PROSPECT | NORWICH